

# BREAKFAST



## PARISIAN CROISSANT €5.00

Carved Limerick ham, melted brie cheese, butter glazed croissant

## EXOTIC FRUIT POT €4.00

Chunky pineapple, sliced kiwi, grapes, mixed melon, seasonal berries

## PREPARED GRANOLA POT €4.00

Natural Greek yogurt, forest berry compote, toasted oats

## HAM & CHEESE PANINI €6.50

Carved Limerick ham, Dubliner cheddar cheese, toasted baguette

## BAKED MUFFIN €2.50

Double chocolate chip, raspberry & vanilla, blueberry

## HOMEMADE SCONE €2.50

Fruit or plain scone, whipped cream, selection of preserves & butter

## FRESHLY BAKED PASTRY €3.50

Egg custard tart, cinnamon twirl, pecan & maple danish, buttered croissant

## SELECTION OF YOGURTS €2.00

Glenisk, Yoplait, Muller, Irish Yogurts

## FRESH FRUIT SMOOTHIES €2.50

Selection of berry and fruit smoothies prepared daily



Healthy Option



Vegan



Vegetarian Option



Available Gluten Free

PLEASE ASK US FOR A FULL LIST OF ALLERGENS



# BOXED SALADS

**SUPERFOOD SALAD**     €8.00

Roasted beetroot, sweet potato, red onion, crushed garlic, pumpkin seeds, fresh mint, balsamic vinaigrette

**CHICKEN PANZANELLA SALAD** €9.00

Sea salt & herb infused chicken breast, chunky heirloom tomatoes, ciabatta loaf, black olives, baby capers, parmigiano reggiano, red wine vinegar

**COUS COUS GREEK**    €4.00

Sliced cucumber, red capsicum, spring onion, heirloom tomato, black olives, feta cheese, extra virgin olive oil, flat leaf parsley

**GRILLED VEGETABLE TABBOULEH**    €8.00

Chargrilled aubergine, yellow & green courgette, red onion, diced cucumber, crushed pistachios, buck wheat barley, citrus honey dressing

# SANDWICHES



**ARTISAN HANDCRAFTED SANDWICHES** €8.00

**GOURMET TORTILLA WRAP SALAD**  €9.00

**DEEP FILLED FRENCH BLOOMER SANDWICH** €4.00

Freshly prepared daily using the finest local produce served on a selection continental grain breads.

We roast all of our turkey, ham & beef sandwich fillings on board to provide a fresher flavour for you



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# TRIPLE STACK AMERICAN PANKCAKE STATION



**CHEEKY MONKEY** €5.00

Goopy Nutella, whipped cream, sliced banana

**TASTEFUL DUTCH APPLE & CINNAMON** €5.00

Fresh apple and cinnamon, sugar glaze, whipped cream

**JUST ADMIT IT'S A SUNDAE** €5.00

Fresh strawberries, chocolate chips, whipped cream, chocolate fudge sauce

**RISE & SHINE** €5.00

Blueberries, natural yogurt, granola, dusting of coconut

**SWEET AND SOUR** €4.50

Dusting of icing sugar, fresh lemon juice

**THE CANADIAN** €4.75

Warm Canadian maple syrup

**CHEEKY** €4.75

Goopy Nutella, whipped cream

**SURPRISE OF THE DAY** €5.00

Please ask your server for details



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# PIZZA



## STONE BASE ARTISAN 12" PIZZA

€10.50

Creamy tomato sauce, mozzarella cheese, torn basil, drizzled olive oil

ADD TOPPINGS - €1.00 Each

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Italian pepperoni

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Grilled chicken strips

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Smoked bacon

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Carved Limerick ham

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Pineapple chunks

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Sweetcorn

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Mixed olives

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Jalapeno peppers

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Red onion

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### HEALTHY OPTION

Irish Ferries will donate 10 cent to the Irish Heart Foundation every time you choose to have a heart



### VEGETARIAN OPTION



### AVAILABLE GLUTEN FREE

Gluten free breads available on request. Please ask us for details

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# SWEET CRÊPE STATION



CLASSIC SUGAR & LEMON JUICE €4.00

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STRAWBERRY JAM & WHIPPED CREAM €4.00

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NUTELLA & HAZELNUT €5.00

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BANANA & PEANUT BUTTER €5.00

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IRISH HONEY & MIXED BERRY COMPOTE €5.00



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