

CLUB CLASS LOUNGE


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MARTELL



## BREAKFAST MENU

### HEALTHY

**Oatmeal Porridge**  €8.95

Contains: Gluten, Milk, Nuts

Cinnamon, pumpkin seeds, flaked almonds, forest berry compote, Irish natural honey

**California Eggs** €15.50

Contains: Egg, Gluten

Grilled sourdough toast, pureed avocado, poached Irish eggs

**Nutritional Breakfast** €15.50

Contains: Gluten, Soya, Mustard, Sesame, Celery

Scrambled tofu, hummus & spinach oil, grilled portobello mushrooms, roasted heirloom tomatoes, fresh avocado salsa, sourdough toast

**Healthy Breakfast**  €15.50

Contains: Egg, Gluten, Soya, Sesame, Milk

Poached Irish eggs, grilled portobello mushrooms, roasted heirloom tomatoes, fresh avocado salsa, grilled sweet potato, wholemeal toast

### TRADITIONAL

**Full Irish Breakfast**  €16.50

Contains: Egg, Gluten, Sulphites, Soya

Two Irish eggs cooked the way you like, Hodgins award winning Irish sausages, grilled Irish bacon, roasted heirloom tomatoes, hash browns, portobello mushrooms, Batchelors baked beans, West Cork black & white pudding, selection of toast or artisan breads

**Classic Omelette**  €15.95


Contains: Egg, Gluten, Milk, Soya, Sesame

Hand whisked three egg omelette, shredded Limerick ham, Dubliner cheddar cheese, mixed bell peppers, chopped tomatoes, spring onion, toast

**Eggs Benedict** €15.95

Contains: Egg, Gluten, Milk, Soya

Grilled Irish bacon, poached Irish eggs, hollandaise sauce, English muffin

**Caprese Benedict**  €15.95

Contains: Egg, Milk

Heirloom tomatoes, Macroom buffalo mozzarella, poached Irish eggs, hollandaise sauce

## SWEET

### American Style Pancakes

 €9.95

Contains: Egg, Gluten, Milk, Soya, Nuts

Canadian maple syrup, mixed berry compote or Nutella, whipped cream, strawberries

Add Callan Bacon

€3.00

### Brioche French Toast

 €13.95

Contains: Egg, Gluten, Milk, Soya, Sesame

Irish honey drizzle, fresh lemon zest

Add Hodgins Sausage

€3.00

Contains: Gluten, Sulphites

### Bananas Belgian Waffle

 €9.95

Contains: Egg, Gluten, Milk, Soya, Nuts

Chocolate fudge sauce, sliced banana, whipped cream

## KIDS

### Irish Breakfast

 €11.50

Contains: Gluten, Soya, Sesame, Sulphites

Hodgins award-winning Irish sausages, grilled Irish bacon, hash browns, baked beans, toast

### Hen's Eggs on Toast

 €6.95

Contains: Egg, Gluten, Soya, Sesame, Nuts

Two eggs cooked the way you like, selection of toast or artisan bread

### American Style Pancakes

 €7.95

Contains: Gluten, Egg, Milk, Soya, Nuts

Canadian maple syrup, mixed berry compote or Nutella, whipped cream, strawberries

Gluten free breads available on request

 Vegetarian |  Gluten Free Version Available on Request |  Vegan

Please ask your server for full list of allergens



## LUNCH/DINNER MENU

### APPETISERS

**Soup of the Day**    €9.95

Contains: Celery

Artisan bread roll

Contains: Gluten, Sesame

**Chicken Caesar Salad** €12.95

Contains: Egg, Gluten, Milk, Soya, Sesame, Fish, Nuts, Sulphites

Char-grilled chicken breast, crisp romaine lettuce, grana padano, streaky bacon, croutons, classic caesar dressing

**Heritage Tomato & Mozzarella Salad**    €12.95

Contains: Milk, Nuts

Buffalo mozzarella, heirloom tomato, mixed lettuce leaves, basil pesto, pine nuts

**Superfood Salad**    €12.95

Contains: Sulphites

Roasted beetroot, sweet potato, baby spinach, red onion, crushed garlic, pumpkin seeds, fresh mint, balsamic vinaigrette

**Ultimate Panini** €8.95

Contains: Egg, Gluten, Milk, Soya, Mustard, Sesame

Cheddar and mozzarella cheese, carved Limerick ham, spicy jalapenos, mayonnaise, red onion chutney

**Irish Beef French Baguette** €12.95

Contains: Egg, Gluten, Milk, Sesame, Mustard, Soya

Hand carved roast beef, crisp lollo rosso lettuce, summer slaw, creamed horseradish sauce

### MAIN COURSE

**Beer Battered Wright's of Howth Cod** €19.95

Contains: Fish, Egg, Gluten, Milk

French fries, mushy peas, tartar sauce

**100z Irish Chargrilled Rib Eye Steak**   €24.95

Contains: Milk, Egg

French fries, mixed leaf salad, bearnaise or peppercorn sauce

**100% Grass Fed Angus Beef Burger** €19.95

Contains: Egg, Gluten, Milk, Soya, Sesame, Mustard

Dubliner cheddar cheese, grilled Irish bacon, lettuce, tomatoes, onion ring, toasted brioche bun, dill pickle gherkin, spicy potato wedges, Ballymaloe tomato relish

**Thai Red Chicken or Vegetable Curry** V GF €19.95

Contains: Gluten, Soya, Celery, Nuts

Wok fried Asian vegetables, coriander & lime basmati rice

**Stone Base Artisan 12” Pizza** €17.95

Contains: Gluten, Milk May contain traces of Fish, Soya

Creamy tomato sauce, mozzarella cheese, rocket leaves, drizzled olive oil

Add toppings €1.00 each

Italian pepperoni

Grilled chicken stripes

Smoked bacon

Carved Limerick ham

Pineapple chunks

Sweetcorn

Mixed olives

Jalapeno peppers

Red onion

Carved Limerick ham contains: Soya, Gluten

Chicken Stripes contains: Milk, Soya, Sulphites

**DESSERT**

**Warm Apple Tart** V €8.95

Contains: Milk, Gluten, Egg, Nuts, Soya, Peanuts

Cinnamon crumble, Glenown farm ice cream

**Chocolate Fondant** V €8.95

Contains: Milk, Egg, Nuts, Soya, Peanuts

Chocolate sauce, French vanilla ice cream

**Selection of Glenown Farm Ice Cream** V GF €8.95

Contains: Milk, Egg, Nuts, Soya, Gluten, Peanuts

3 scoops of your favourite ice cream with seasonal berries

Gluten free breads available on request

V Vegetarian | GF Gluten Free Version Available on Request | V Vegan

Please ask your server for full list of allergens



## KIDS MENU

### APPETISERS

**Soup of the Day**    €6.95

Contains: Celery

Artisan bread roll

Contains: Gluten, Sesame

**Poppin Chicken Dippers** €7.95

Contains: Gluten, Celery, Egg

Garlic mayonnaise dip

**Mozzarella Cheese Sticks**  €7.95

Contains: Milk, Gluten, Egg

Marinara dipping sauce

### MAIN COURSE

**Wright's of Howth Cod Battered Fingers** €12.95

Contains: Egg, Gluten, Milk, Fish

French fries, mushy peas, tartar sauce

**Tempura Chicken Chunks** €12.95

Contains: Egg, Milk, Gluten, Cereal, Soya

French fries, Batchelors baked beans

**Little Ramen**  €12.95

Contains: Gluten, Soya, Mustard, Sesame, Celery

Ramen noodles, vegetable stock, fried tofu,

Asian veggies


### DESSERT

**Selection of Glenown Farm Ice Cream**  €7.95

Contains: Milk, Egg, Nuts, Soya, Gluten, Peanuts

3 scoops of your favourite ice cream or sorbet

with seasonal berries

**French Crêpe**  €9.50

Contains: Milk, Egg, Nuts, Gluten, Soya, Peanuts

Seasonal berries, Nutella, French vanilla ice cream

Gluten free breads available on request

 **Vegetarian** |  **Gluten Free Version Available on Request** |  **Vegan**

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Martello towers are a prominent feature in the life and work of James Joyce.

Joyce stayed in the Martello tower in Sandycove, Dublin for a period of six nights in 1904.

The opening scenes of his novel *Ulysses* takes place here, and the tower is a place of pilgrimage for Joyce enthusiasts, especially on Bloomsday. Known today as James Joyce Tower, it now contains a museum dedicated to Joyce and displays some of his possessions and other ephemera associated with *Ulysses*.



