

#### **BREAKFAST MENU**

#### **HEALTHY**

#### 

Forest berry compote, Irish natural honey Contains: Gluten (Oat), Milk, Nuts (Almonds), sesame

# California Eggs ♥ €15.95

Grilled sourdough toast, pureed avocado, poached Irish eggs Contains: Egg, Sulphites, Gluten (Wheat, Rye, Barley) Sourdough bread may contain: Egg, Milk, Soya, Sesame, Crustaceans, Molluscs, Nuts, Mustard, Lupin

## Nutritional Breakfast **VV** €15.95

Tofu scrambled eggs, Grilled sweet potato, Hummus, sauteed Mushrooms, roasted vine Tomatoes, fresh avocado salsa, sourdough toast
Contains: Gluten (Wheat, Rye, Barley), Soya, Mustard, Sesame, Celery,
Sourdough bread may contain: Egg, Milk, Gluten (Wheat) Soya, Sesame,
Crustaceans, Molluscs, Nuts, Mustard, Lupin

# Healthy Breakfast ♥ €15.95

Poached Irish eggs, Sautéed Mushrooms, Roasted vine tomatoes, fresh avocado salsa, Grilled Sweet potato, wholemeal toast Contains: Egg, Gluten (Wheat, Rye), Soya, Sesame, Milk, Sulphites

#### **TRADITIONAL**

## Full Irish Breakfast €16.95

Two Irish eggs cooked the way you like, Hodgkin's award Winning Irish sausages, grilled Callan bacon, roasted vine tomatoes, hash browns, sauteed mushrooms, Batchelors baked beans, West Cork black & white Pudding, selection of toast or artisan breads Contains: Egg, Gluten (Wheat/Oat), Sulphites, Soya

## Classic Omelette G&F

Hand whisked three egg omelette, shredded Limerick ham,
Dubliner cheddar cheese, mixed bell peppers,
chopped tomatoes, spring onion
Contains: Egg, Milk, Soya

# Eggs Benedict €15.95

€15.95

Grilled Callan bacon, poached Irish eggs, Hollandaise sauce, English muffin Contains: Gluten (Wheat), Egg, Soya, Milk

# Margherita Doughnuts 15.95 Two Margherita doughnuts, Two Irish eggs cooked the way you like it, lettuce, dry onion, cream cheese

Contains: Milk, Gluten (Wheat, Cereal) May Contain: Celery, Sesame, Mustard, Soya, Egg, Fish, Nuts, Crustaceans

## SWEET

American Style Pancakes V  Canadian maple syrup, mixed berry compote or Nutella, whipped cream, strawberries  Add Bacon €3.00  Contains: Gluten (Wheat), Egg, Milk, Nuts (Hazelnuts), Soya	€10.95
Brioche French Toast ♥  Irish honey drizzle, fresh lemon zest  Add Bacon €3.00  Contains: Gluten (Wheat), Milk, Egg, Soya, Sesame, Nuts	€13.95
Bananas Belgian Waffle ♥ Chocolate fudge sauce, slice banana, whipped cream Contains: Gluten (Wheat), Soya, Milk, Egg, Nuts (Hazelnuts)	€10.95
KIDS	
Irish Breakfast Hodgins award-winning Irish sausages, grilled Callan bacon, hash browns, baked beans, toast Contains: Egg, Gluten (Wheat/Oat), Sulphites, Soya	€11.50
Margherita Doughnuts V One Margherita doughnut, Two Irish eggs cooked the way you like it, lettuce, dry onion, cream cheese Contains: Milk, Gluten (Wheat, Cereal) May Contain: Celery, Sesame, Mustard, Soya, Egg, Fish, Nuts, Crustaceans	€8.95
American Style Pancakes V  Canadian maple syrup, mixed berry compote or Nutella, whipped cream, strawberries  Contains: Gluten (Wheat), Egg, Milk, Nuts (Hazelnuts), Soya	€8.95
Gluten free breads available on request  V Vegetarian   G F Gluten Free Version Available on Request   V Vegan	

Please ask your server for full list of allergens

## **LUNCH/DINNER MENU**

## **LIGHT BITES**

Soup of the Day ♥G♦FV Contains: Celery Artisan bread roll Contains: Gluten (Wheat), Sesame	€9.95
Chicken Caesar Salad Char-grilled chicken breast, crisp romaine lettuce, grana Padano, streaky bacon, croutons, classic Caesar dressing Contains: Egg, Milk, Fish, Gluten(wheat), Nut, Soya, Sesame, Sulphites	€12.95
Poke Bowl G∜F (Vegan Tofu option available) Prawns, Rice, Edamame, Radish, Cucumber, Avocado, Wasabi cream cheese, Poke sauce Contains: Crustaceans, Sesame, Soya, Nuts, Sulphites, Milk, Mustard Vegan Contains: Sesame, Soya, Nuts, Sulphites, Celery, Mustard	€19.95
Superfood Salad V G V Roasted beetroot, sweet potato, baby spinach, red onion, crushed garlic, pumpkin seeds, fresh mint, balsamic vinaigrette Contains: Sulphites	€12.95
Irish Beef Sourdough Baguette Irish Beef, Sourdough Baguette, Tomato Relish, Caramelised onion, Roasted Garlic mayo, Lettuce, Chips Contains: Gluten (Wheat), Milk, Egg, Mustard, Sulphites May Contain: Sesame, Soya, Nuts, Crustaceans, Molluscs	€19.95
MAIN COURSE	
Beer Battered Wright's of Howth Cod Chips, mushy peas, tartar sauce Contains: Fish, Egg, Gluten (Wheat), Milk	€21.95
8oz Irish Rib Eye Dry Age Steak G∜F Chips or Wedges, mixed leaf salad, bearnaise or peppercorn sa Contains: Gluten (Wheat) GF Bearnaise sauce Contains: Milk, Eggs Peppercorn Sauce contains: Gluten (Wheat)	€29.95 iuce
100% Grass Fed Angus Beef Burger Dubliner cheddar cheese, Grilled bacon, lettuce, tomatoes, onion ring, toasted brioche bun, dill pickle gherkin, spicy potato wedges, Ballymaloe Tomato Relish Contains: Gluten (wheat), Milk, Egg, Soya, Sesame, Mustard	€21.95
Confit Duck	€25.95

Sweet Potato pure, Celery pure, Ginger Cranberry sauce,

Orange Demi-Glace Contains: Gluten (wheat), Milk

## Thai Red Curry **V** G**\$**F V

€21.95

Wok fried Asian vegetables, basmati rice, poppadum, pineapple & sweet chilli chutney

Add Chicken €3.00

Contains: Nuts, Soya, Celery

May Contain: Crustaceans

### Stone Base Artisan 12" Pizza 🌾

€17.95

Contains: Gluten(wheat), Milk

Pizza base May Contain traces of Fish, Soya

Creamy tomato sauce, mozzarella cheese, rocket leaves, drizzled olive oil

Add toppings €1.00 each

 Italian pepperoni
 Grilled chicken strips
 Smoked bacon

 Carved Limerick ham
 Pineapple chunks
 Sweetcorn

 Mixed olives
 Jalapeno peppers
 Red onion

Carved Limerick ham contains: Soya, Gluten(wheat) Chicken Stripes contains: Milk, Sulphites, Soya

#### **DESSERT**

## Warm Apple Tart 🗸

€8.95

Cinnamon crumble, Glenown Farm ice cream Contains: Milk, Gluten (Wheat), Egg, Nuts (Almonds), Soya, Peanuts

#### Chocolate Fondant V

€8.95

Chocolate sauce, French vanilla ice cream Contains: Milk, Gluten (Wheat), Egg, Nuts, Soya, Peanuts

#### Selection of Glenown Farm Ice Cream V

€8.95

3 scoops of your favourite ice cream with seasonal berries Contains: Milk, Gluten (Wheat), Egg, Nuts, Soya, Peanuts

Gluten free breads available on request

V Vegetarian | G∜F Gluten Free Version Available on Request | V Vegan

 ${\it Please \ ask \ your \ server \ for full \ list \ of \ allergens}$ 

### **KIDS MENU**

## **LIGHT BITES**

Soup of the Day V G&F V Contains Allergens: Celery Artisan bread roll Contains Allergens: Gluten (Wheat), Sesame	€6.95
<b>Ultimate Toastie</b> Cheddar cheese, carved limerick ham, gherkin, Tomato relish Contains: Milk, Egg, Gluten (Wheat), Soya, Mustard, Sesame	€8.95
MAIN COURSE	
Wright's of Howth Cod Battered Fingers French fries, mushy peas, tartar sauce Contains: Fish, Egg, Gluten (Wheat), Milk	€12.95
100% Chicken Breast Goujons Lightly breaded succulent chicken breast, Chips or spicy potato wedges, chilli dip Contains Allergens: Gluten (Wheat), Celery, Milk	€12.95
Beef Lasagne Slice of garlic baguette, Chips, steamed seasonal local vegetables or fresh vegetable Contains: Gluten (Wheat), Egg, Celery, Mustard, Milk, Fish (Worchester sauce May contain: Soya, Lupin	€12.95
DESSERT	
Selection of Glenown Farm Ice Cream V 3 scoops of your favourite ice cream or sorbet with seasonal berries Contains: Milk, Egg, Nuts, Soya, Gluten(wheat), Peanuts	€7.95
French Crêpe ♥ Seasonal berries, Nutella, French vanilla ice cream	€9.50

Gluten free breads available on request

 $\bigvee$  Vegetarian | G $\mathop{\mbox{$\stackrel{\circ}{=}$}}$  Folluten Free Version Available on Request |  $\bigvee$  Vegan Please ask your server for full list of allergensns

Contains: Milk, Egg, Nuts (Hazelnuts), Gluten(wheat), Soya, Peanuts

Martello towers are a prominent feature in the life and work of James Joyce.

Joyce stayed in the Martello tower in Sandycove, Dublin for a period of six nights in 1904.

The opening scenes of his novel Ulysses takes place here, and the tower is a place of pilgrimage for Joyce enthusiasts, especially on Bloomsday. Known today as James Joyce Tower, it now contains a museum dedicated to Joyce and displays some of his possessions and other ephemera associated with Ulysses.

